

名前 _____ 日付 _____ / _____

QUESTION

Read the article below and summarize it in your own words as far as possible in English. Summarize it between 60 and 70 words.

以下の記事を読み、できる限り自分の言葉を使って英語で要約しなさい。60～70語で要約しなさい。

READING

People often find it difficult to judge how healthy a packaged food is by reading detailed nutrition information. Recently, some governments and food companies have begun introducing health impact scores on food packages. These systems combine information about a product's nutritional content and show the result as a simple number, letter, or color. The aim is to make health-related information easier to understand during everyday shopping.

Supporters say these scores can provide useful benefits. Shoppers do not need specialized knowledge of nutrition to compare products because the result can be understood quickly from the package. This may be especially helpful when people have little time to examine individual ingredients or nutrition tables. There is another advantage. When healthier products receive better scores, shoppers may be more likely to choose them instead of less healthy alternatives.

However, critics point out a problem. These scoring systems often lower a product's rating when it contains large amounts of certain ingredients such as fat. As a result, foods that are generally considered healthy, for example, olive oil, may receive low scores because of one particular nutritional feature. This can create a mismatch between the score and the food's overall health value, making some products appear less healthy than they actually are.

要約は2ページ目に行きます。記事の和訳は載せていません（読む練習のため）。答え合わせはQRから。

スマホで読み取ると、書いた英文をその場でAIが添削します。

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1ページ目の記事を、45～55語の英語で要約します。記事の言葉をそのまま写さず、自分の言葉で言い換えましょう。

解答欄

目安 60～70語（1行に8～9語ほど）

メモ（要点を3つ書き出してから、まとめます）

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