

名前 \_\_\_\_\_ 日付 \_\_\_\_\_ / \_\_\_\_\_

## QUESTION

Please read the article below and summarize it in English between 45 and 55 words.

以下の記事を読み、45～55語の英語で要約してください。

## READING

Students use different methods to organize their studies. Some begin immediately, while others first decide what they want to achieve. Many students set clear learning goals before they start studying.

What are some benefits of setting learning goals? Clear goals can increase motivation by giving students a specific purpose. They may feel more willing to continue when they can see steady progress. In addition, goals can help students use their study time efficiently. They can focus on important tasks instead of spending time on activities that do not support their aims.

However, setting goals also has some disadvantages. Students may lose confidence when they fail to reach a goal. They may begin to believe that they are poor learners, even after making progress. Another problem is that goals can reduce flexibility. Students may continue following an old plan instead of changing methods when their needs, schedules, or learning conditions change.

要約は2ページ目に書きます。記事の和訳は載せていません（読む練習のため）。答え合わせはQRから。

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1ページ目の記事を、45～55語の英語で要約します。記事の言葉をそのまま写さず、自分の言葉で言い換えましょう。

解答欄

目安 45～55語（1行に8～9語ほど）

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メモ（要点を3つ書き出してから、まとめます）

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